

SYLVIA LEGRIS

From *de Materia Medica*

Lo. [Dearest Areius]

Forgive the poets their systemically unsystematic.
The conflation of chaos and commonplace.

Vines and Wines and Metallic Stone.
(No herbs without metals, no metals etcetera.)

Unheed the erroneous needling.
Unfeed the needless controversies.

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Oil the lips with ointments and unguents.
Resin the intentions with gums of trees.

Take these recipes with prudence and acid.
Volatile salts. Anthelmintics. Emollients.